Sara Farrington, playwright

sarajfarrington@gmail.com // 718.360.7339 // www.ladyfarrington.com // substack.com/@theaterishard

EDUCATION

Brooklyn College, MFA in Playwriting w/ Mac Wellman.
Connecticut College, BA in Theater & Performance.
The National Theater Institute @ The Eugene O'Neill Theater, conservatory training in performance, directing, playwriting, movement.
The Royal Shakespeare Company, Program Intensive, Stratford-Upon-Avon, UK.
The Wooster Group, company internship, The Performing Garage, NYC, w/ tours to Centre Pompidou, Paris & Bellevue Theater Amsterdam with *Hamlet.*
The Jean Cocteau Repertory, acting company member, 2002-2005.

PUBLICATIONS

The Lost Conversation: Interviews with an Enduring Avant-Garde, published by 53rd State Press
Look Out, published by Broadway Play Publishing, Inc, www.broadwayplaypublishing.com (upcoming)
A Trojan Woman, published by Broadway Play Publishing, Inc, www.broadwayplaypublishing.com
Mickey & Sage, published by Broadway Play Publishing, Inc. www.broadwayplaypublishing.com
Leisure, Labor Lust, published by Next Stage Press, www.nextstagepress.com
Founder: *Theater Is Hard,* my popular weekly subscription-based Substack publication, with over 1.5K subscribers.
Founder: Theater Is Hard Press, a soon-to-be-launched indie theater publishing project.
Contributor: *Interviews with NYC's Avant-Garde Lifers*, series published in The Brooklyn Rail

PRODUCTION HISTORY *work made with Foxy Films indicated w/ [*]*

American Expressionism, a dance-performance text piece, choreographed by Jody Oberfelder
Guild Hall, East Hampton NY — Summer 2027

Stenographic Report of Conversation Between Mr. & Mrs. F. Scott Fitzgerald — Dec 2026
A "readymade" from a found text of the same name.
Conceived & Performed by Sara Farrington
Adapted for the stage by Sara Farrington & Zack Calhoon
A.R.T./NY, NY NY

Dr. Uncanny Presents: Moreau '96* *dir. Reid Farrington, composer: David Van Tieghem*
Adapted from *Lost Soul: The Doomed Journey of Richard Stanley's Island of Dr. Moreau*,
dir: David Gergory, courtesy of Severin Films
Nyack Live Arts, Nyack, NY (workshop) — Nov 2025

Look Out, *dir. Melissa Firlit*
Deep Space Residency at North American Cultural Lab, (NaCL), Highland Lake, NY — Sept 2026
Theatre4ThePeople, New Works Series, Barrow Group, NYC — Nov 2025

A Trojan Woman, *EP: Stop The Wind Theatricals*
The Magic Theatre, San Francisco, CA — June 2026
Mixed Blood Theater, Minneapolis, MN — June 2026
APAP Performance Showcase, NY NY — Jan 2026
Powerhouse Theater, Vassar College, Poughkeepsie, NY — July 2025
King's Head Theater, London, UK — Dec 2024
The MAC Theater, Belfast Ireland, UK — Nov 2024
Luna Stage, West Orange, NJ (US Premiere) — Mar 2024
Interbalkan Festival for Ancient Drama, Athens, Greece (World Premiere) — July 2023

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Nyack Theater Festival, Nyack NY	Sept 2024
Dora Maar* *dir. Reid Farrington*	
Duck Creek Arts Center, East Hampton, NY (pending)	Summer 2027
Luna Stage, West Orange, NJ (workshop)	June 2026
The Mercury Store, Brooklyn NY (workshop)	Spring 2023
Brick Aux Gallery NYC (workshop)	April 2024
Lucky Breaks, *dir. Jaclyn Biskup*	
The Brick Theater, Brooklyn NY (premiere)	Oct 2024
Now-In-Process, New Ohio Theater, NY	Feb 2023
Mendacity* (film), *dir. Reid Farrington*	
Filmed on location @ The Connelly Theater, NYC	Dec 2021
NY Indie Theater Film Festival, official selection	Feb 2023
BrandoCapote,* *dir. Reid Farrington*	
The Tank NYC (US Premiere)	Nov 2019
Art House, Jersey City, NJ (workshop)	March 2019
CasablancaBox,* *dir. Reid Farrington, HARP Artist Residency commission*	
Drama Desk nominated (Unique Theatrical Experience & Outstanding Projection Design)	
HERE Arts Center, NYC (US Premiere)	April 2017
HERE Arts Center (workshops)	March 2015 & 16
The Return,* *dir. Reid Farrington, commission: The Metropolitan Museum of Art*	
The Metropolitan Museum of Art, Venetian Sculpture Gallery	
& Grace Rainey Rogers Theater, NYC	July-Aug 2015
Leisure, Labor, Lust *dir. Sara Farrington*	
The Tank NYC, April 2018 (US Premiere)	
The Mount, Lenox, MA (workshop)	October 2016
HERE Arts Center, SubletSeries (workshop) *dir. Marina McClure*	Jan – Sept 2017
JACK, Brooklyn, NY (workshop)	July/Aug 2014
The Mount, Lenox, MA (workshop)	Jan 2015
Honduras *dir. Evan Zes*	
Phoenix Theater Ensemble, The Paradise Factory, NYC	April 2022
10+ Regional Tours & showings	
Cosmicomics *dir. Marina McClure*	
The Flea Theater	May 2020 (Covid-canceled)
Near Vicksburg *dir. Sara Farrington*	
Incubator Arts Project, NYC (premiere)	Mar 2014
Walkerspace, NYC	Dec 2013
The Wild Project (w/Phoenix Theatre Ensemble)	May 2014
Foxy Films Performance Space (workshop)	Nov 2013

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Mickey & Sage *dir. Sara Farrington*

Incubator Arts Project, NYC (US Premiere)	Sept 2012
ShelterBelt Theater, Omaha, NE (regional premiere)	Oct/Nov 2014
Foxy Films Performance Space (workshop)	Jan 2012
Great Plains Theater Conference, Omaha, NE	May/June 2012
National Theater Institute @ Eugene O'Neill Theater Center, Waterford, CT	Mar 2012

The Vultures *dir. Sarah Rasmussen*

The Weasel Festival, 13th Street Theater (premiere)	Aug 2011

That Stays There *dir. Sara Farrington*

Great Plains Theatre Conf., PlayLabs, Omaha, NE	June 2011
The Bushwick Starr, Brooklyn NY (reading)	Mar 2011
Little Theater @ Dixon Place, NYC (excerpt)	Apr 2011

The Death of Evie Avery *dir. Melissa Firlit*

FringeNYC, The New School For Drama, NYC (premiere)	Aug 2009
The Looking Glass Theatre, NYC	Mar/Apr 2009

The Rise And Fall of Miles And Milo *dir. Melissa Firlit*

FringeNYC, The Soho Playhouse, NYC (premiere)	Aug 2007
Connecticut College, New London, CT	Apr 2008

AWARDS, RESIDENCIES, GRANTS & TOURS

Finalist: 2026 Henley Rose Playwright Competition *(Look Out)*
Deep Space Artistic Residency, North American Cultural Lab (NaCL), Highland Lake, NY Sept 2026 *(Look Out)*
Drama Desk Award Nominations: Unique Theatrical Experience (*CasablancaBox*)
Drama Desk Award Nomination: Outstanding Projection Design (*CasablancaBox*)
Commission: The Interbalkan Festival of Ancient Drama, Athens, Greece, Summer '23 (*A Trojan Woman*)
Commission: The Metropolitan Museum of Art, NYC (*The Return*)
Semi-finalist: 2025 Creative Capital *(Dora Maar)*
The Mercury Store, Artistic Residency, Spring '23 (*Dora Maar*)
NYC Indie Theatre Film Festival, 2023 official selection, The New Ohio, NYC (*Mendacity*)
Now-In-Process @ The New Ohio (*Lucky Breaks / Untitled Ukraine Project*)
Finalist: Frank Moffet Mosier Fellowship for Works in Heightened Language (*A Trojan Woman*)
FringeNYC Award: Outstanding Playwriting (*The Rise & Fall of Miles & Milo)*
HARP @ HERE Artist Residency Program Recipient (*CasablancaBox*)
All For One Theater, Solo Collective Artist in Residence (*Honduras*)
MacDowell, Playwriting Fellow
Resident Artist: The Tank NYC
Great Plains Theatre Conference, PlayLabs playwright (*That Stays There*)
The New York State Council on the Arts Grant (*CasablancaBox*)
The New Jersey State Council on the Arts Grant *(Mendacity)*
The Venturous Fund (*CasablancaBox*)
The Axe-Houghton Foundation Grant (*Casablancabox*)
MediaTHE Grant (*CasablancaBox*)
The Arch & Bruce Brown Foundation Grant (*Leisure, Labor, Lust*)

Stillwright Silent Playwriting Retreats, w/ Erik Ehn, Highland Lake, NY
'Pataphysics Playwriting Workshop, w/ Mac Wellman & Erik Ehn, NYC
Member of Dramatists Guild

GUEST ARTIST, EVENTS & PANELS
Frequent Guest Artist at The National Theater Institute @ The Eugene O'Neill Center, Waterford, CT.
Frequent Guest Playwright & Dramaturg at Drew University, Madison, NJ.
Featured Author: Brooklyn Book Festival, 2024 for *The Lost Conversation* & *A Trojan Woman*
Moderator: Time Passes: Ping Chong & Fiji Theater Company Then & Now, 2022
Moderator: Euripides & *The Trojan Women* @ Luna Stage w/ Prof Mary English Chair of Classics @ Montclair State
Featured @ BOMB Small Press Flea, Aug 2022 for *The Lost Conversation: Interviews with an Enduring Avant Garde.*
Panelist: Maplewood Ideas Festival 2022, Theater Panelist.
Featured Author: Brooklyn Book Festival, 2022 & 2023 for *The Lost Conversation: Interviews with an Enduring Avant Garde*.

OTHER NOTABLE
*Founder of Theater Is Hard Press, an egalitarian theater imprint, self-sustaining, publishing anything that's had a public performance as a way to activate American performance, inspired by popular Substack of same name. www.theaterishard.com
*Commercial voice actor with DDONY, audiobook narrator with Recorded Books, Audible, The National Library Service for The Blind and Print Disabled at The Library of Congress, samples at my website.
*Co-Founder of Foxy Films, contemporary theater company based in NYC/NJ est. 2007 to present.
*Plays critically acclaimed in The New York Times, The New Yorker, PAJ: Performance Art Journal, The Wall Street Journal, American Theatre Magazine, NY1, El Diario, Lighting & Sound in America, The Village Voice, TimeOutNY, BroadwayWorld, Vice, NJArts.net and many more.
**The Lost Conversation: Interviews with an Enduring Avant Garde* reviewed in PAJ: Journal of Performance & Art and listed in 25 Must Read Theater Books on BroadwayWorld.
*Toured internationally as Foxy Films' company manager and costume designer for *Tyson vs Ali, Gin & It, The Passion Project, A Christmas Carol.*
*Champion of #MeToo movement, led a 60 person coalition to take down a serial sexual predator in the voice over industry, Peter Rofe, CNN feature here.
*Founding member of Immigrant Families Together, a non-profit rapid response team bailing out/reuniting/supporting Central American families victim to child separation policies at the US Border. www.immigrantfamiliestogether.com NY Times feature here.
*Mother of boys.

ARTISTIC REFERENCES
Kate Kremer, *Editor @ 53rd State Press*, 206-200-7367, kate@53rdstatepress.org
Kip Gould & Michael Fellmeth, *President & ED @ Broadway Play Publishing, Inc.*, michael@broadwayplaypublishing.com
David Van Tieghem, *Composer, Sound Designer, Percussionist, Frequent collaborator,* 914-466-4301, david@vantieghem.com

Reviews, interviews, features, video/photos, commercial & audiobook narration samples, writing samples & more: www.ladyfarrington.com & https://substack.com/@theaterishard