

Sara Farrington, playwright

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EDUCATION

Brooklyn College, MFA in Playwriting w/ Mac Wellman.

Connecticut College, BA in Theater & Performance.

The National Theater Institute @ The Eugene O'Neill Theater, conservatory training in performance, directing, playwrighting, movement.

The Royal Shakespeare Company, Program Intensive, Stratford-Upon-Avon, UK.

The Wooster Group, company internship, The Performing Garage, NYC, w/ tours to Centre Pompidou, Paris & Bellevue Theater Amsterdam with *Hamlet*.

The Jean Cocteau Repertory, acting company member, 2002-2005.

PUBLICATIONS

The Lost Conversation: Interviews with an Enduring Avant-Garde, published by [53rd State Press](http://53rdstatepress.com)

Look Out, published by Broadway Play Publishing, Inc, www.broadwayplaypublishing.com (upcoming)

A Trojan Woman, published by Broadway Play Publishing, Inc, www.broadwayplaypublishing.com

Mickey & Sage, published by Broadway Play Publishing, Inc, www.broadwayplaypublishing.com

Leisure, Labor Lust, published by Next Stage Press, www.nextstagepress.com

Founder: [Theater Is Hard](http://theaterishard.com), my popular weekly subscription-based Substack publication.

Founder: Theater Is Hard Press, a soon-to-be-launched indie theater publishing project.

Contributor: *Interviews with NYC's Avant-Garde Lifers*, series published in [The Brooklyn Rail](http://thebrooklynrail.com)

PRODUCTION HISTORY *work made with Foxy Films indicated w/ [*]*

American Expressionism, a dance-performance text piece, choreographed by Jody Oberfelder

Guild Hall, East Hampton NY

Summer 2027

Careless People: *Based on a Stenographic Conversation between Mr. & Mrs F. Scott Fitzgerald & Dr. Thomas Rennie, May 28th, 1933, 2:30PM*

Created by Sara Farrington, Melissa Firlit & Zack Calhoon

TBD 2026/27

Dr. Uncanny Presents: Moreau '96* *dir. Reid Farrington, composer: David Van Tieghem*

Adapted from *Lost Soul: The Doomed Journey of Richard Stanley's Island of Dr. Moreau*,

dir: David Gergory, courtesy of Severin Films

Nyack Live Arts, Nyack, NY (workshop)

Nov 2025

Look Out, *dir. Melissa Firlit*

Deep Space Residency at North American Cultural Lab, (NaCL), Highland Lake, NY

Sept 2026

Theatre4ThePeople, New Works Series, Barrow Group, NYC

Nov 2025

A Trojan Woman, *EP: Stop The Wind Theatricals*

The Magic Theatre, San Francisco, CA

June 2026

Mixed Blood Theater, Minneapolis, MN

June 2026

APAP Performance Showcase, NY NY

Jan 2026

Powerhouse Theater, Vassar College, Poughkeepsie, NY

July 2025

King's Head Theater, London, UK

Dec 2024

The MAC Theater, Belfast Ireland, UK

Nov 2024

Luna Stage, West Orange, NJ (US Premiere)

Mar 2024

Interbalkan Festival for Ancient Drama, Athens, Greece (World Premiere)

July 2023

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Nyack Theater Festival, Nyack NY

Sept 2024

Dora Maar* *dir. Reid Farrington*

Luna Stage, West Orange, NJ (workshop)

June 2026

The Mercury Store, Brooklyn NY (workshop)

Spring 2023

Brick Aux Gallery NYC (workshop)

April 2024

Lucky Breaks, *dir. Jaclyn Biskup*

The Brick Theater, Brooklyn NY (premiere)

Oct 2024

Now-In-Process, New Ohio Theater, NY

Feb 2023

Mendacity* (film), *dir. Reid Farrington*

Filmed on location @ The Connelly Theater, NYC

Dec 2021

NY Indie Theater Film Festival, official selection

Feb 2023

BrandoCapote* *dir. Reid Farrington*

The Tank NYC (US Premiere)

Nov 2019

Art House, Jersey City, NJ (workshop)

March 2019

CasablancaBox* *dir. Reid Farrington, HARP Artist Residency commission*

Drama Desk nominated (Unique Theatrical Experience & Outstanding Projection Design)

HERE Arts Center, NYC (US Premiere)

April 2017

HERE Arts Center (workshops)

March 2015 & 16

The Return* *dir. Reid Farrington, commission: The Metropolitan Museum of Art*

The Metropolitan Museum of Art, Venetian Sculpture Gallery

& Grace Rainey Rogers Theater, NYC

July-Aug 2015

Leisure, Labor, Lust *dir. Sara Farrington*

The Tank NYC, April 2018 (US Premiere)

The Mount, Lenox, MA (workshop)

October 2016

HERE Arts Center, SubletSeries (workshop) *dir. Marina McClure*

Jan – Sept 2017

JACK, Brooklyn, NY (workshop)

July/Aug 2014

The Mount, Lenox, MA (workshop)

Jan 2015

Honduras *dir. Evan Zes*

Phoenix Theater Ensemble, The Paradise Factory, NYC

April 2022

10+ Regional Tours & showings

Cosmicomics *dir. Marina McClure*

The Flea Theater

May 2020 (Covid-canceled)

Near Vicksburg *dir. Sara Farrington*

Incubator Arts Project, NYC (premiere)

Mar 2014

Walkerspace, NYC

Dec 2013

The Wild Project (w/Phoenix Theatre Ensemble)

May 2014

Foxy Films Performance Space (workshop)

Nov 2013

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Mickey & Sage *dir. Sara Farrington*

Incubator Arts Project, NYC (US Premiere)	Sept 2012
ShelterBelt Theater, Omaha, NE (regional premiere)	Oct/Nov 2014
Foxy Films Performance Space (workshop)	Jan 2012
Great Plains Theater Conference, Omaha, NE	May/June 2012
National Theater Institute @ Eugene O'Neill Theater Center, Waterford, CT	Mar 2012

The Vultures *dir. Sarah Rasmussen*

The Weasel Festival, 13 th Street Theater (premiere)	Aug 2011
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That Stays There *dir. Sara Farrington*

Great Plains Theatre Conf., PlayLabs, Omaha, NE	June 2011
The Bushwick Starr, Brooklyn NY (reading)	Mar 2011
Little Theater @ Dixon Place, NYC (excerpt)	Apr 2011

The Death of Evie Avery *dir. Melissa Firlit*

FringeNYC, The New School For Drama, NYC (premiere)	Aug 2009
The Looking Glass Theatre, NYC	Mar/Apr 2009

The Rise And Fall of Miles And Milo *dir. Melissa Firlit*

FringeNYC, The Soho Playhouse, NYC (premiere)	Aug 2007
Connecticut College, New London, CT	Apr 2008

AWARDS, RESIDENCIES, GRANTS & TOURS

Finalist: 2026 Henley Rose Playwright Competition (*Look Out*)
Deep Space Artistic Residency, North American Cultural Lab (NaCL), Highland Lake, NY Sept 2026 (*Look Out*)
Drama Desk Award Nominations: Unique Theatrical Experience (*CasablancaBox*)
Drama Desk Award Nomination: Outstanding Projection Design (*CasablancaBox*)
Commission: The Interbalkan Festival of Ancient Drama, Athens, Greece, Summer '23 (*A Trojan Woman*)
Commission: The Metropolitan Museum of Art, NYC (*The Return*)
Semi-finalist: 2025 Creative Capital (*Dora Maar*)
The Mercury Store, Artistic Residency, Spring '23 (*Dora Maar*)
NYC Indie Theatre Film Festival, 2023 official selection, The New Ohio, NYC (*Mendacity*)
Now-In-Process @ The New Ohio (*Lucky Breaks / Untitled Ukraine Project*)
Finalist: Frank Moffet Mosier Fellowship for Works in Heightened Language (*A Trojan Woman*)
FringeNYC Award: Outstanding Playwriting (*The Rise & Fall of Miles & Milo*)
HARP @ HERE Artist Residency Program Recipient (*CasablancaBox*)
All For One Theater, Solo Collective Artist in Residence (*Honduras*)
MacDowell, Playwriting Fellow
Resident Artist: The Tank NYC
Great Plains Theatre Conference, PlayLabs playwright (*That Stays There*)
The New York State Council on the Arts Grant (*CasablancaBox*)
The New Jersey State Council on the Arts Grant (*Mendacity*)
The Venturous Fund (*CasablancaBox*)
The Axe-Houghton Foundation Grant (*Casablancabox*)
MediaTHE Grant (*CasablancaBox*)

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The Arch & Bruce Brown Foundation Grant (*Leisure, Labor, Lust*)
Stillwright Silent Playwriting Retreats, w/ Erik Ehn, Highland Lake, NY
'Pataphysics Playwriting Workshop, w/ Mac Wellman & Erik Ehn, NYC
Member of Dramatists Guild

GUEST ARTIST. EVENTS & PANELS

Frequent Guest Artist at The National Theater Institute @ The Eugene O'Neill Center, Waterford, CT.
Frequent Guest Playwright & Dramaturg at Drew University, Madison, NJ.
Featured Author: Brooklyn Book Festival, 2024 for *The Lost Conversation & A Trojan Woman*
Moderator: Time Passes: Ping Chong & Fiji Theater Company Then & Now, 2022
Moderator: Euripides & *The Trojan Women* @ Luna Stage w/ Prof Mary English Chair of Classics @ Montclair State
Featured @ BOMB Small Press Flea, Aug 2022 for *The Lost Conversation: Interviews with an Enduring Avant Garde*.
Panelist: Maplewood Ideas Festival 2022, Theater Panelist.
Featured Author: Brooklyn Book Festival, 2022 for *The Lost Conversation: Interviews with an Enduring Avant Garde*.
Featured Author: Brooklyn Book Festival, 2023 for *The Lost Conversation: Interviews with an Enduring Avant Garde*.

OTHER NOTABLE

*Founder of Theater Is Hard Press, an egalitarian theater imprint, self-sustaining, publishing anything that's had a public performance as a way to activate American performance, inspired by popular Substack of same name.
www.theaterishard.com
*Commercial voice actor with DDONY, audiobook narrator with Recorded Books, Audible, The National Library Service for The Blind and Print Disabled at The Library of Congress, samples at my [website](#).
*Co-Founder of Foxy Films, contemporary theater company based in NYC/NJ est. 2007 to present.
*Plays critically acclaimed in The New York Times, The New Yorker, The Wall Street Journal, American Theatre Magazine, NY1, El Diario, Lighting & Sound in America, The Village Voice, TimeOutNY, BroadwayWorld, Vice, NJArts.net and many more.
**The Lost Conversation: Interviews with an Enduring Avant Garde* reviewed in [PAJ: Journal of Performance & Art](#) and listed in [25 Must Read Theater Books](#) on BroadwayWorld.
*Toured internationally as Foxy Films' company manager and costume designer for *Tyson vs Ali*, *Gin & It*, *The Passion Project*, *A Christmas Carol*.
*Champion of #MeToo movement, led a 60 person coalition to take down a serial sexual predator in the voice over industry, Peter Rofe, CNN feature [here](#).
*Founding member of Immigrant Families Together, a non-profit rapid response team bailing out/reuniting/supporting Central American families victim to child separation policies at the US Border.
www.immigrantfamielsttogether.com NY Times feature [here](#).
*Mother of boys.

ARTISTIC REFERENCES

Kate Kremer, *Editor* @ 53rd State Press, 206-200-7367, kate@53rdstatepress.org
Kip Gould, *President* @ Broadway Play Publishing, Inc., cwdg@broadwayplaypublishing.com
David Van Tieghem, *Composer, Sound Designer, Percussionist, Frequent collaborator*, 914-466-4301, david@vantieghem.com
Theresa Buchheister, *Former AD* @ The Brick Theater, Brooklyn, 917-520-5912, theresa.buchheister@gmail.com
Reviews, interviews, features, video/photos, commercial & audiobook narration samples, writing samples & more: www.ladyfarrington.com & <https://substack.com/@theaterishard>